Human Electrical Frequencies and Fields

“Frequency is defined as a measurable rate of electrical energy flow that is constant between any two points. Everything has an electrical frequency, and what an incredible discovery it was for me to learn that essential oils contain frequencies that are several times greater than the frequencies of herbs and foods.

Robert 0. Becker, M.D., the author of the book, The Body Electric validates the electrical frequency of the human body.

Royal Raymond Rife, M.D., developed a “frequency generator” in the early 1920s. With this he found that with certain frequencies he could destroy a cancer cell or a virus. He found that certain frequencies could prevent the development of disease, and others would destroy disease.

Nikola Tesla said that if you could eliminate certain outside frequencies that interfered in our bodies, we would have greater resistance toward disease.

Bjorn Nordenstrom, a radiologist of Stockholm, Sweden, who wrote “Biologically Closed Circuits,” discovered in the early 1980s that by putting an electrode inside a tumor and running a milliamp D.C. current through the electrode, he could dissolve the cancer tumor and stop its growth. He found that the human body had electropositive and electronegative energy fields.

For a number of years during my clinical practice, I researched the use of electrical energy for the purpose of reversing the disease process. I kept feeling that there had to be a more natural way of increasing a person’s electrical frequency, which led to the discovery of the electrical frequency of oils.

One of the things that I noticed with my patients was that they felt better emotionally when they first started to use essential oils. It seemed that, within seconds, congestion would begin to loosen just through simple inhalation of an oil. Certain oils applied on location would decrease pain 50-80 percent within 1-3 minutes. Some even experienced a decrease in pain within seconds. I could not have thought that an oil applied to the bottom of the feet could travel to the neck and reduce pain by 70 percent within one minute. As I saw this happen over and over, I started to realize that there had to be other aspects and elements in the oils that had to be researched.

Measuring in hertz, we found that processed/canned food had a zero Hz frequency, fresh produce had up to 15 Hz, dry herbs from 12-22 Hz, and fresh herbs from 20-27 Hz. Essential oils started at 52 Hz and went as high as 320 Hz, which is the frequency of rose oil. A healthy body, from head to foot, typically has a frequency ranging from 62 to 78 Hz, while disease begins at 58 Hz.

Clinical research shows that essential oils have the highest frequency of any natural substance known to man, creating an environment in which disease, bacteria, virus, fungus,
etc., cannot live. I believe that the chemistry and frequencies of essential oils have the ability to help man maintain the optimal frequency to the extent that disease cannot exist.

Once in a while, individuals using an essential oil for the first time will say they broke out with a rash or had an allergic reaction. So many reactions are the body’s chemical sensitivity kicking in and saying, “protect me.” However, when I worked with people with severe allergies, even universal reactors, once they understood that pure essential oils actually detoxify and help re-establish cellular balance, would calm down and realize they were not having a reaction. It’s amazing to see how we in America have become sensitive to things around us, and yet at the same time we are desensitized to the things that are killing us, causing allergies, depressing the immune system, creating a weakness for diseases, such as Candida, Epstein bar, chronic fatigue syndrome, hypoglycemia, universal reactor symptoms, and other chemical sensitive problems. It just goes from level one to level six, manifesting different symptoms.

**Frequency is defined as a measurable rate of electrical energy that is constant between any two points.** When there is frequency, there is electromagnetic potential. We are being influenced by the magnetic action (or attraction) of the frequencies that surround our lives each day and frequencies influence our state of well being. Everything has an electrical frequency measured in hertz. Young Living Essential Oils (YLEO) have been measured to be anywhere from 52 Hz to 320 Hz.

It has been demonstrated that we can change lower depressed feelings and negativism with the application of essential oils carrying higher frequencies resulting in uplifting our spirits. According to Dr. Royal Rife, every disease has a frequency and that a substance with a higher frequency will alter the disease that is at a lower frequency.

It has been measured that holding a cup of coffee dropped one man’s frequency from 66 Hz to 58 Hz in just 3 seconds. It took three days for his frequency to return to normal. Another man drank the coffee and his frequency dropped from 66 Hz to 52 Hz. After inhaling the YLEO blend R.C., his frequency returned to 66 Hz in just 21 seconds. In another case, a man’s frequency dropped from 65 Hz to 48 Hz when he simply held a cigarette. When he smoked the cigarette, his frequency dropped to 42 Hz, the same frequency as cancer.

Other studies show that negative thoughts lower our frequency on average 12 Hz. Positive thoughts raises our Hz on average 10 Hz. Prayer and meditation raises our frequency on average 15 Hz.

Bruce Tanio, of Tainio Technology and head of the Department of Agriculture at Eastern Washington University, has developed a Calibrated Frequency Monitor (CFM) that has been used to measure the frequencies of essential oils and their effect on human frequencies when applied to the body. Young Living Essential Oils laboratory uses a CFM, and another is located at Johns Hopkins University where it is used to study frequency in relationship to disease. These are the findings:

**Young Living Essential Oils**  
(oils 78 and below work specifically with harmonizing and balancing the 52-320 Hz)
<table>
<thead>
<tr>
<th></th>
<th>Frequency</th>
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<tbody>
<tr>
<td><strong>Genius Brain Frequency</strong></td>
<td>80-82 Hz</td>
<td>Fresh Foods</td>
<td>20-27 Hz</td>
</tr>
<tr>
<td><strong>Brain Frequency Range</strong></td>
<td>72-90 Hz</td>
<td>Fresh Herbs</td>
<td>20-27 Hz</td>
</tr>
<tr>
<td><strong>Normal Brain Frequency</strong></td>
<td>72 Hz</td>
<td>Dried Foods</td>
<td>15-22 Hz</td>
</tr>
<tr>
<td><strong>Human Body</strong></td>
<td>62-78 Hz</td>
<td>Dried Herbs</td>
<td>15-22 Hz</td>
</tr>
<tr>
<td><strong>Human Body: from Neck up</strong></td>
<td>72-78 Hz</td>
<td>Processed/Canned Food</td>
<td>0 Hz</td>
</tr>
<tr>
<td><strong>Human Body: from Neck down</strong></td>
<td>60-68 Hz</td>
<td>Melissa (Lemon Balm)</td>
<td>102 Hz</td>
</tr>
<tr>
<td><strong>Colds and Flu start at:</strong></td>
<td>57-60 Hz</td>
<td>German Chamomile</td>
<td>105 Hz</td>
</tr>
<tr>
<td><strong>Disease starts at:</strong></td>
<td>58 Hz</td>
<td>Myrrh</td>
<td>105 Hz</td>
</tr>
<tr>
<td><strong>Candida overgrowth starts at:</strong></td>
<td>55 Hz</td>
<td>Lavender</td>
<td>118 Hz</td>
</tr>
<tr>
<td><strong>Receptive to Epstein Barr at:</strong></td>
<td>52 Hz</td>
<td>Ravensara</td>
<td>134 Hz</td>
</tr>
<tr>
<td><strong>Receptive to Cancer at:</strong></td>
<td>42 Hz</td>
<td>Helichrysum</td>
<td>181 Hz</td>
</tr>
<tr>
<td><strong>Death begins at:</strong></td>
<td>25 Hz</td>
<td>Rose</td>
<td>320 Hz</td>
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</table>

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Note: In this article, the use of Hz is in error and should be replaced with Mhz. Reference explanation by David Stewart Ph.D., D.N.M. author of *The Chemistry of Essential Oils Made Simple* and *Healing Oils of The Bible* at this website: [http://www.raindroptraining.com/messenger/v11n3.html](http://www.raindroptraining.com/messenger/v11n3.html)